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VOL. 1

A message from your Principal

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Dear Parents and Families,

Welcome to 2022! We hope that this is a year filled with joy, health, and happiness to you and yours. While the pandemic may still affect how we operate in our daily lives, our spirits are determined and our passion for teaching your children remains stronger than ever.

This month, most of our students will finish up their mid-year iReady diagnostic testing, ensuring that their teachers will be able to personalize their educational needs and goals. In the coming month, we will celebrate literacy week, securing highprofile author Kevin Sherry to meet with our students. The Literacy Week Committee has planned several events and activities to engage our students, helping to form a love of reading and learning. The students will love what we have planned.

We wish you all a Happy New Year!

<u>CLUBS HAVE STARTED AT TAMPA HEIGHTS!</u>

Early January was the start of NEW clubs at Tampa Heights. The students chose from a wide variety of options, including: CulturalLee Dance Club, Gentlemen Quest For Success, Butterfly Garden, Yoga, Garden Club, Chess Club, Baking Club, Lego Robotics Club, Black History Club, Drama Club, or Young Ladies With Unique Values. Each club was designed specifically to align with the values and theme of Tampa Heights Elementary Magnet.

Reminders 1/10: K-2 iReady Diagnostic begins

1/17: No School (MLK Day) 1/20: PTA Meeting 1/28: Q2 Awards Ceremony 1/31: PTA Hoop-A-Thon

STUDENT SERVICES CORNER

When students come to school, sometimes their backpacks are filled with more than books and schoolwork. Sometimes they carry with them worries and stress which affects how they think, feel and act. Even though they may not be able to verbalize it, children take on the stressors around them more than we realize. Think of ways you can practice taking a break from everyday stress with your child. These breaks are called coping strategies and are different for everyone. Take a moment and consider:

- Counting down slowly from ten while taking deep breaths.
- Writing down or saying three things you're grateful for.
- Listening to your favorite song to start your day.
- Exercising by going for a walk, taking a bike ride, or dancing together.
- Making a healthy snack or meal together.
- Unwinding the day by taking turns saying the rose (best part), thorn (worst part), and rose bud (thing we want work on or make better).

Most importantly, remember your Tampa Heights family is here for you. Reach out to your Student Services Team if your child needs help with feelings of stress, anger, anxiety, or sadness.

What will our students be doing in January?

K

Our Kindergarteners will be doing iReady testing and learning about Dr. Martin Luther King Jr.

1st

I-Ready Mid year testing

2nd

Editing/completing our final draft of our research report on coral reef animals, including adding text features and illustrations. 3rd

Third grade will be starting on fractions in mathematics and learning about space in science! 4th

Fourth grade is focusing on Cause and Effect, along with literacy instruction

5th

Fifth graders will be diving a little deeper into fractions in addition to space and Earth sciences